

RETHINKING SCHIZOPHRENIA

BEYOND THE VOICES

"Rethinking Schizophrenia: Beyond the Voices" is the first part of a research-driven project offering tangible policy and care pathway changes to improve the lives of people living with schizophrenia across Europe. It challenges the status quo and refreshes the European policy debate on people living with schizophrenia, recognises the essential role of social support and encourages multi-stakeholder-driven policy.



Schizophrenia is estimated to affect 24 million people globally* and 0.3-1.5% of Europeans.**

*Institute of Health Metrics and Evaluation

**Simone et al. 2015

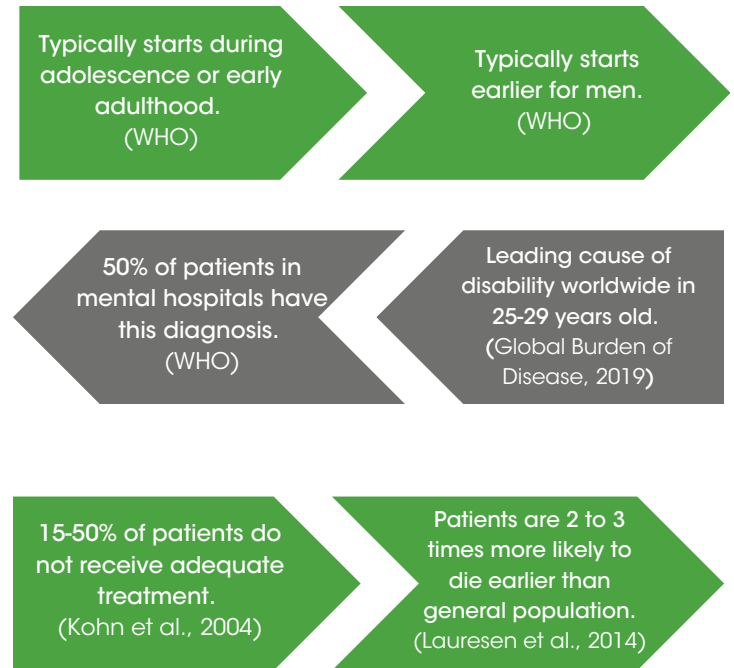
We call on EU and national policymakers and decision-makers across Europe to improve the lives of people living with schizophrenia through the optimisation of their care pathway. Investments in schizophrenia research and innovation are needed to better understand the pathophysiology, mechanisms, and risk factors of schizophrenia.

Policy recommendations and priorities presented in the report fall under 3 categories:

- Early detection/diagnosis and effective treatment
- A holistic approach to schizophrenia care and management
- Human rights for people living with schizophrenia

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FACTS & FIGURES ABOUT SCHIZOPHRENIA



"For 43 years I thought mental illness was a concept I would never have to deal with. But you know what? I'm stronger and more solid than I've ever been, having dived to the very depths of it."



Péter Kéri
President, GAMIAN-Europe



Rethinking Schizophrenia Care Pathway

The second phase of the project, Rethinking the Schizophrenia Care Pathway, co-created by the European Brain Council (EBC) and the European Psychiatric Association (EPA), will aim to examine health gains and societal impacts resulting from optimal healthcare interventions in comparison with current care or inadequate treatment and convert data evidence to policy recommendations on how to improve the care pathways. In-depth patient care pathway analysis will be conducted for optimized care and development of concrete strategies. The project covers 9 countries (Belgium, Denmark, France, Germany, Hungary, Italy, Poland, Spain and UK).

